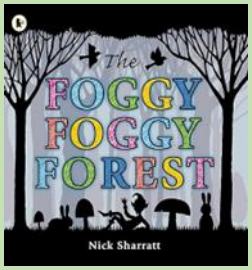
Spring 1 Learning experiences at home

Read

Read a story with your child talk about the characters in the book.



Explore

Wrap up warm and go on a winter walk. Collect different wintery treasures.

Make bird feeders for the garden for the big bird watch

Bing Videos



Maths

With your grown up; go on a winter hunt around your outside environment.

Can you do your best to count how many treasures you have found? Have you found more or less of each object?

Can you sort them into groups? Talk about the shapes you find.

Fine motor skills

Thread a necklace using straws and wool, or practice squiggles and zig –zags with counters or buttons.





Mark Making

Practice making marks in the mud or with chalk and water, flour use.

Have some fun trying to copy the letters in your name; perhaps hide your name under some flour and trace it.

Health/Wellbeing

Share this mindful exercise with your child.

Alpha breaths | ABCs of Mindful Breathing (youtube.com)